



# Music lesson

Before we get started I would like you to think about a friend or family member and if you painted a picture of this person using music what would it sound like?

Would it be loud/quiet? Fast/slow? Lots of instruments or just one?

In our world today we are used to taking pictures of people or drawing pictures of them. Could we turn those pictures into a piece of music?

In 1898 an English composer called Edward Elgar did just this. He chose 14 friends and picked out something special about them, for example the way they walked, talked or a special memory of them?





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He then started with a melody (background tune) and added in different musical instruments to represent his friends.

If you have access to the internet you can watch this on the link below.

## Draw a portrait and write a musical memory...

Join Naomi Wilkinson and create a piece of art and writing to connect with someone you love. Draw a picture and share a memory with a friend or family member to show you are thinking of them. This activity is part of the BBC Music and Dementia initiative.

### First...

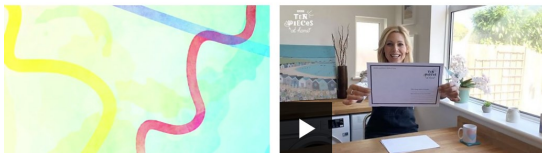
Watch the Ten Pieces introduction film about Elgar's Enigma Variations. Elgar wrote the variations about his friends, using music to describe people's characters and creating musical portraits.

### Then...

Join CBBC's Naomi Wilkinson and take inspiration from Elgar's musical portraits. Draw a picture of someone you miss and write about a piece of music that reminds you of them. Send your artwork and music selection to your special person to show they are in your thoughts. You can download the template [here](#) or use a blank piece of paper.

<https://www.bbc.co.uk/teach/ten-pieces/watch-this-do-this-weekly-activities/zjy3382>

Click on the first video and watch.



If you can't watch the link do not worry. On the link you can hear how the music changes as Elgar introduced a new friend or family member.

He made a musical selfie.





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Task 1: What would a musical portrait of you be like? Write down the title of the song that would represent you and the artist who sings it and why you choose that song. Now if you have an Alexa or other device. Play that song and have dance.

Now think of a person who you cannot visit at the moment due to Covid-19 restrictions. This could be a family member, a friend or even someone from school. I know Miss Cowen and myself miss all of you so much.

What instruments/songs would you choose to represent this person. Think about their personality and likes, what if the person was happy? Cheerful? Sporty? Someone who likes dogs? Reading? Dancing? Music allows you to use your imagination.





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Task 2: Draw a portrait of your person who you miss the most. You can use anything for this but please try and take your time to present to the best of your ability. Some work is getting rushed. Once you have drawn your person can you think of a song that reminds you of them. If you have a device such as an Alexa listen to this song and have another little dance, whilst dancing remember the good memories you have of this person.

Task 3 : Write this on your portrait:

Task 4: Now it is time to share this with your special person. This could be delivered on a daily walk, posted,

Emailed, text a photo of it. I bet it makes that person smile today they might even play the song and have a dance too.

This song/ piece of music...

Reminds me of you because...

