Save a Baby's Life Wallsend Customer First Centre

Come along and learn basic First Aid skills including how to deal with choking, burns, serious bleeds and how to give CPR.



18 January 20 22 February 20 28 March 20 9 May 20



10:00 - 11:30am

If you would like to book your place on one of the above dates please contact reception:-

Howdon Children's Centre 0191 6432229 Wallsend Customer First Centre 0191 6432075

For more information about Activities and Groups in your area, why not look on our 'Sign Directory' https://services.northtyneside.gov.uk/sign/ or simply type into Google 'Sign Directory North Tyneside'.

Rooms available to hire.





What's On? Jan – March 2020



South West Locality Team
Based at Howdon Children's Centre
Check out the back page for
'Save a Baby's Life' dates and venue!

Booking required only where stated Contact Howdon on 0191 643 2229 for further Information

You can now register your baby's birth at your local Children's Centre (By appointment only - Mon to Fri)
Howdon Children's Centre

Wallsend Customer First Centre (By appointment – Wednesday mornings only) 0191 6432229





To more information on stay and hay contact Ladia Dawson on 0797 1391737				
Monday	Tuesday	Wednesday	Thursday	Friday
Buggy Boot Camp	Well Baby Clinic	Well Baby Clinic	0-5 Stay and Play	0-5 Stay and Play
(Drop-in)	Health related advice	Health related advice	(Drop-in Term Time	(Drop – In)
Free of Charge	for 0-5's	for 0-5's	Only)	10.00am -11.30am
12.00pm – 1.00pm	(Drop-in)	09.30am – 10.30am	9.30am – 11.00am	Howdon Children's
Howdon Children's	9.30am – 11.00am	Battlehill Primary School	Battle Hill Primary	
Centre	Wallsend Customer	Term Time Only	School	Centre
For queries or more	First Centre	(Playground entrance)	0191 2007246	
information ring	0191 6432075	0191 2007246		_
Kayleigh Bradley		- Carry		
07966058025	3			
Or	(1.5)			
Kerry Nesbitt		Well Baby Clinic		
07816134305		Health related advice for		
		0-5's		
		(Drop-in)		
		1.00pm – 2.30pm		
*70x 90 0	_	Howdon Children's Centre		For further updates
	0-5 Stay and Play			and all of the latest
H 14 100	(Drop-in Term Time	0-2 Stay and Play		information on
	Only)	(Drop-in)		what's happening
	10.00am – 11.30am	1.00pm – 2.30pm		in your area go to the Councils
	Wallsend Customer	Howdon Children's Centre		website at
	First Centre			https://my.northtyn
	0191 6432075			eside.gov.uk/ and
		Breastfeeding Peer		search for
		Support Group		Children's Centre
		Support for pregnant and		Services
		breastfeeding women		
		(Drop-in)		
		1.30pm – 3.00pm		
		Wallsend Customer First		
		Centre		
		0191 6432075		