

# **Wallsend Jubilee Primary School**

## **Physical Activity Policy**

### **INTRODUCTION**

Wallsend Jubilee Primary school is committed to promoting the health and well being of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at Wallsend Jubilee Primary school.

The policy was formulated through consultation with members of staff, governors, parents and pupils and was implemented in January 2017.

### **ETHOS & ENVIRONMENT**

Wallsend Jubilee Primary School strives to maximize opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

### **PHYSICAL ACTIVITY POLICY CO-ORDINATOR**

The school physical activity policy and strategy co-ordinators are S Anderson, F Tait and D. Harrison.

### **PHYSICAL ACTIVITY AIMS & OBJECTIVES**

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day
3. To increase physical activity levels of pupils in line with national targets

### **EQUAL OPPORTUNITIES**

All physical activity opportunities offered at Wallsend Jubilee Primary School are designed to be inclusive, and cater for different ability levels. For more information please refer to the Inclusion policy.

### **RESOURCE PROVISION**

Wallsend Jubilee Primary School has a school hall, which is equipped with portable and fixed apparatus for gymnastics and a music centre to support the teaching of dance. For the teaching of games, there are 4 large playgrounds, with markings. We have large climbing equipment on 2 of the yards, a mini climbing wall, a mini gym and a large field. Year 5 children visit our local swimming pool which allows pupils to swim every week for 4 weeks at a time. Additional boxes of resources and equipment are available on each yard for play times. An annual audit of all physical education equipment is conducted by the PE co-ordinator in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the P.E cupboard, and planning resources can be found in the PE Co-ordinator's area.

### **STAFF RESPONSIBILITY & DEVELOPMENT**

Schools Sports Co-ordinator:

Healthy School Award Co-ordinator: S.Anderson/F Tait

Staff are encouraged to attend courses offered by the county and by the TOPS programme. Our partnership with the local authority has widened the school's relationships with external agencies. As a result, local coaches often come into school and work alongside teachers.

## **CURRICULUM PROVISION**

### *Organisation*

The PE programme is taught by class teachers, with the exception of swimming. This is taught by specialised swimming instructors.

Each child will receive 2 sessions of **ACTIVE** PE time per week.

### *Planning:*

The school scheme of work operates on a yearly cycle, and is based on the progressive learning objectives outlined in the LCP scheme of work. In both key stages we teach gymnastics, dance, games, swimming and athletics with the addition of outdoor adventure activities in key stage 2. In the Foundation Stage, activities to support learning from the areas of 'Physical Development', 'Personal, Social and Emotional Development' and 'Creative Development' in the Early Learning Goals are planned daily.

### *Cross curricular links*

Whilst retaining its unique contribution to a pupil's movement education, physical education also has considerable potential to contribute to much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, numeracy, PSHE and ICT skills.

### *Assessment*

Teachers use the end of topic expectations from the LCP, and the level descriptors in the National Curriculum to help them provide a level for pupils.

## **EXTRA CURRICULAR PROVISION**

### *Break times / lunch times*

We have added markings to the playground in order to stimulate children at playtimes. Children are encouraged to throw and catch at play, and often bring their own footballs to play with. Each class has their own playground equipment to play with at lunchtimes. The children are responsible for monitoring their equipment (stored in a box) and handing equipment out to their friends. We have recently introduced Fitness Friends to lunch times. These are a group of pupils trained to play games with other children in the school. They have their own box of equipment and play on different yards each day.

### *After school clubs*

We aim to encourage all pupils to take part in a range of clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who take part in (extra) regular exercise. A range of clubs are offered to children from all key stages; these may include football, multiskills, gymnastics, netball, judo, karate, dodgeball and athletics.

### *Competition*

Pupils take place in a range of intra-school and inter-school competitions organised through the School Sport Partnership. These include football, skipping and athletics.

### *School trips*

The school offers a number of outdoor education experiences throughout the year for KS1 and KS2. These include a year 1 trip to Shiremoor Adventure Playground, year 3 forest schools programme at the Rising Sun and the year 6 trip to Derwent Hill.

## **ACTIVE TRAVEL**

Please refer to the School Travel Plan for details of how we promote travel to school. We also take part in a number of walk/ride to school schemes.

## **COMMUNITY PARTNERS / LINKS**

The school is part of the SS Co School Sports Partnership and the Burnside Pyramid. We have also established links with a number of local clubs including Newcastle United Football Club and Wallsend Boys Club.

## **STAFF ACTIVITY**

Our staff aspire to be positive role models for our children. We aim to take part in physical activity whenever possible, for e.g. joining in with the annual cancer run. Staff often play games with children at playtime and demonstrate physical activity during PE lessons.

## **HEALTH & SAFETY**

Please refer to the school's health and safety policy and risk assessment file. Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on CRB / staffing checks.

## **MONITORING & EVALUATION**

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participation data collected as part of the PESSCL requirement.

Policy date: January 2017

Signed: