



Wallsend Jubilee Primary School

Topic Overview – PE

| Year Group | Autumn | | Spring | | Summer | |
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| Nursery | Ring Games | Ring games | Gymnastics | Dance | Gymnastics | Dance |
| Reception | Indoor – Gymnastics Travelling | Indoor - Dance Unit 1 | Indoor – Gymnastics Stretching and curling | Indoor - Dance Unit 2 | Outdoor – Games Unit 1 - Beanbags | Outdoor – Games Unit 2 - Using a ball |
| 1 | Indoor - Dance 16 Streamers (2) 17 Conkers (2) 20 Jack and the beanstalk (3) Outdoor – Games Unit 1 - Ball skills and Games | Indoor - Dance 23 Handa's surprise (3) 25 We're going on a bear hunt (3) Outdoor – Games Unit 2 - Throwing and Catching aiming games | Indoor - Gymnastics D - Flight – Bouncing, jumping and landing Outdoor – Games Unit 3 - Bat/ball skills and games | Indoor - Gymnastics G - Wide – Narrow – Curled Outdoor – Games Unit 4 - Developing Partner work | Indoor –Fitness Outdoor – Athletics Unit 1 | Indoor – Fitness Outdoor – Athletics Unit 2 |
| 2 | Indoor - Dance 28 Reach for the stars (2) 30 Bubbles (2) 32 Words and Messages (3) Outdoor – Games Unit 1 – Throwing and catching inventing games | Indoor - Dance 33 Three Little Pigs (3) 35 Pat a cake Polka (1) 36 Jumping Joan (1) Outdoor – Games Unit 2 – Aiming, hitting, kicking | Indoor – Gymnastics I - Pathways, Straight, Zig-Zag and curving Outdoor – Games Unit 3 – Dribbling, hitting and kicking | Indoor - Gymnastics K – Linking Movements Together Outdoor – Games Unit 4 – Group games and inventing rules | Indoor — Fitness Outdoor – Athletics Unit 1 | Indoor — Fitness Outdoor – Athletics Unit 2 |
| 3 | Indoor - Dance 1 Who am I? (1) 2 The language of Dance (6) Outdoor – Games Unit 1 – Ball skills (Invasion focus) | Indoor - Dance 5 The Eagle and the fish (6) Outdoor – Games Unit 2 – Creative games making | Indoor - Gymnastics L - Stretching, Curling and Arching Outdoor – Games Unit 3 - Net, Court, Wall Games | Indoor – Gymnastics N – Pathways Outdoor – Games Unit 4 – Striking and Fielding Games | Indoor - – Fitness Outdoor – Athletics Unit 1 | Indoor — Fitness Outdoor – Athletics Unit 2 |
| 4 | Indoor - Dance English Country Dance Outdoor – Games Unit 1 – Net/court/wall games | Indoor - Dance 9 Giraffe's can't dance (4) 15 Musical Statues (1) Outdoor – Games Unit 2 – Problem solving and inventing (invasion focus) | Indoor - Gymnastics Q – Receiving Body Weight Outdoor – Games Unit 3 – Invasion Games | Indoor - Gymnastics R – Balance Leading into Change of Front or Direction Outdoor – Games Unit 4 – Striking and Fielding Games | Session 1 – Outdoor and Adventurous Activities Session 2 – Athletics Unit 1 | Session 1 – Outdoor and Adventurous Activities Session 2 – Athletics Unit 2 |
| 5 | Indoor – Dance 19 City Life (6) Outdoor – Games Unit 1 – Net/Court/Wall games | Swimming Indoor - Dance 22 Punch and Wrestle (4) Outdoor – Games Unit 2 – Invasions and Target (Ball handling games) | Indoor - Gymnastics V – Functional use of the limbs Outdoor – Games Unit 3 – Invasion Games (Implement and Kicking) | Indoor - Gymnastics W – Spinning and Turning Outdoor – Games Unit 4 – Striking and Fielding Games | Indoor — Fitness Outdoor – Athletics Unit 1 | Indoor — Fitness Outdoor – Athletics Unit 2 |

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| 6 | Indoor - Gymnastics Y – Working Together Synchronisation and Cannon | Indoor - Dance 23 The world of Sport (6) | Indoor - Gymnastics A – Counter Balance and Counter Tension | Indoor - Dance 27 The Rainforest (6) | Session 1 – Outdoor and Adventurous Activities | Session 1 – – Fitness |
| | Outdoor – Games Unit 1 - Invasion games – Hockey and football | Outdoor – Games Unit 2 - Net/Court/Wall games | Outdoor – Games Unit 3 – Striking and Fielding | Outdoor – Games Unit 4 – Invasion games - Ball handling | Session 2 – Athletics Unit 1 | Session 2 – Athletics Unit 2 |