

| Strand | Curriculum Objectives | s | kills | | |
|---|--|---|---|---|------------------------------------|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Relationships Families and friendships | To explain about people who look after them, who to go to if they are worried and ways to help these people look after them. | I can talk about people who care for me e.g. parents, siblings, grandparents, relatives, friends, teachers I know the role these different people play in my life and how they care for me. I can talk about what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc. I know about the importance of telling someone — and how to tell them — if I am worried about something in my family | Recorded evidence on Seesaw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers Book looks | Thought shower - Pre assessment in black Post assessment in green | |
| Safe relationships | To know what 'privacy means', know how to stay safe and how to seek permission. | I can talk about situations when someone's body or feelings might be hurt and whom to go to for help I know about what it means to keep something private, including parts of the body that are private, I can identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches) I know when it is important to ask for permission to touch others I know how to ask for and give/not give permission | | | |
| Respecting ourselves and others | To know how their behaviour affects others and know how to be polite and respectful. | I can say what kind and unkind behaviour means in and out school I can say how kind and unkind behaviour can make people feel I know what respect means I can talk about class rules, being polite to others, sharing and taking turns | | | |
| Belonging to a community | To know what rules are; Know the importance of caring for others' needs; To talk about looking after the environment | I can give examples of rules in different situations, e.g. class rules, rules at home, rules outside I know that different people have different needs I can describe how we care for people, animals and other living things in different ways I can talk about how I can look after the environment, e.g. recycling | | | |
| Media literacy and digital re- silience | To know how to use the internet and other digital devices. To know how to communicate online. | I know how and why people use the internet I know the benefits of using the internet and digital devices I can describe how people find things out and communicate safely with others online | | | |
| Money and work | To know what their strengths and interests are. To identify a range of jobs in the community. | I know that everyone has different strengths, in and out of school I know about how different strengths and interests are needed to do different jobs and about people whose job it is to help us in the community I can talk about different jobs and the work people do | | | |



| Strand | Curriculum Objectives | | Skills | | |
|--|--|--|--|----------------------|---|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting ex- pected levels |
| Physical health and mental wellbeing | To know the importance of keeping healthy including food and exercise. To know the importance of hygiene routines and sun safety. | I can say what it means to be healthy and why it is important I know ways to take care of myself on a daily basis I can talk about basic hygiene routines, e.g. hand washing I know about healthy and unhealthy foods, including sugar intake and about physical activity and how it keeps people healthy I can identify different types of play, including balancing indoor, outdoor and screen-based play I know people who can help me to stay healthy, such as parents, doctors, nurses, dentists, lunch supervisors I can say how to keep safe in the sun | | | |
| Growing and changing | To recognising what makes them unique and special;. To identify different feelings and know how ways of managing when things go wrong | I can recognise what makes me special and unique including my likes, dislikes and what I am good at I know how to manage and whom to tell when finding things difficult, or when things go wrong I can identify how I am the same and different to others I can talk about different kinds of feelings I know how to recognise feelings in themselves and others | | | |
| Keeping safe | To know how rules and age restrictions help us; To know about keeping safe online | I can say how rules can help to keep us safe I know why some things have age restrictions, e.g. TV and film, games, toys or play areas I can talk about basic rules for keeping safe online I know who to tell if I see something online that makes me feel unhappy, worried, or scared | | | |



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|---|---|--|--|---|------------------------------------|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Relationships Families and friendships | To recognise the importance of making friends; To know when they are feeling lonely and know how to get help | I can talk about how to be a good friend, e.g. kindness, listening, honesty I know about different ways that people meet and make friends I can identify strategies for positive play with friends, e.g. joining in, including others, etc. I can talk about what causes arguments between friends and how to positively resolve arguments between friends I can recognise, and ask for help, when I am feeling lonely or unhappy and know how to help someone else | Recorded evidence on Seesaw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers | Thought shower - Pre assessment in black Post assessment in green | |
| Safe relationships | To know about managing secrets; resisting pressure and getting help; recognising hurtful behaviour | I can recognise hurtful behaviour, including online I know what to do and whom to tell if I see or experience hurtful behaviour, including online I know what bullying is and different types of bullying I know how someone may feel if they are being bullied I can recognise the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help I know how to resist pressure to do something that feels uncomfortable or unsafe I can say how to ask for help if I feel unsafe or worried and what vocabulary to use | - Book looks | | |
| Respecting ourselves and others | To recognising things they have in common and differences; playing and working cooperatively; sharing opinions | I can talk about the things I have in common with my friends, classmates, and other people I know that friends can have both similarities and differences I know how to play and work cooperativelyin different groups and situations I can share my ideas and listen to others, take part in discussions, and give reasons for my views | | | |
| Belonging to a community | To know what it means to belong to a group; roles and responsibilities; being the same and different in the community | I can talk about being a part of different groups, and the role I play in these groups e.g. class, teams, faith groups I can identify different rights and responsibilities that I have in school and the wider community I know how a community can help people from different groups to feel included I can recognise that we are all equal, and can identify ways in which we are the same and different to others in my community | | | |
| Media literacy and digital re- silience | To know how to use the internet in everyday life; To know about online content and information | I can talk about the ways in which people can access the internet e.g. phones, tablets, computers I can recognise the purpose and value of the internet in everyday life I can recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos I know that information online might not always be true | | | |
| Money and work | To know what money is; needs and wants; looking after money | I can talk about what money is and its different forms e.g. coins, notes, and ways of paying for things e.g. debit cards, electronic payments I know how money can be kept and looked after I know about getting, keeping and spending money I know that people are paid money for the job they do I can recognise the difference between needs and wants | | | |



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|--|--|--|--|----------------------|------------------------------------|--|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels | |
| Physical health and mental wellbeing | To know why sleep is important. To know about medicines and keeping healthy including keeping teeth healthy; To know how to manage feelings and ask for help | I can talk about routines and habits for maintaining good physical and mental health I can say why sleep and rest are important for growing and keeping healthy I know that medicines, including vaccinations and immunisations, can help people stay healthy and manage allergies I know the importance of, and routines for, brushing teeth and visiting the dentist I can describe and share a range of feelings I know ways to feel good, calm down or change their mood e.g. playing outside, listening to music, spending time with others I know when and how to ask for help, and how to help others, with their feelings | | | | |
| Growing and changing | To know about how they grow older, to name body parts and know ways t prepare for next year. | I know about the human life cycle and how people grow from young to old I can say how our needs and bodies change as we grow up I can identify and name the main parts of the body including external genitalia (e.g. vuva, vagina, penis, testicles) I can talk about change as people grow up, including new opportunities and responsibilities I can identify ways can prepare to move to a new class and set goals for next year | | | | |
| Keeping safe | To be aware of safety in different environments; To identify risk and safety at home; Know what to do in emergencies | I can recognise risk in everyday situations, e.g. road, water and rail safety, medicines I know how to help keep themselves safe in familiar and unfamiliar environments, such as in school, online and 'out and about' I can identify potential unsafe situations, who is responsible for keeping them safe in these situations, and steps they can take to avoid or remove themselves from danger I can talk about things that people can put into their body or onto their skin (e.g. medicines and creams) and how these can affect how people feel I know how to respond if there is an accident and someone is hurt I can identify whose job it is to keep us safe and how to get help in an emergency, including how to dial 999 and what to say | | | | |



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|--|---|--|---|---|---|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting ex- pected levels |
| Relationships Families and friendships | To know what makes a family and be able to describe the features of family life. | same-sex parents, step-parents, blended families, foster and adoptive parents I know that being part of a family provides support, stability and love I can talk about the positive aspects of being part of a family, such as spending time together and caring for each other I know the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty I can identify if/when something in a family might make someone upset or worried I know what to do and whom to tell if family relationships are making me feel unhappy or un- | Recorded evidence on Seesaw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers Book Looks | Thought shower - Pre assessment in black Post assessment in green | |
| Safe relationships | To have an awareness of personal boundaries; to know how to safely respond to others; to know the impact of hurtful behaviour | I can talk about what is appropriate to share with friends, classmates, family and wider social groups including online I know what privacy and personal boundaries are, including online I can identify basic strategies to help keep myself safe online e.g. passwords, using trusted sites and adult supervision I know that bullying and hurtful behaviour is unacceptable in any situation and about the effects and consequences of bullying for the people involved I can recognise bullying online, and the similarities and differences to face-to-face bullying I know what to do and whom to tell if I see or experience bullying or hurtful behaviour | DOOK LOOKS | | |
| Respecting ourselves and others | To recognise respectful be- haviour, know the importance of self respect, courtesy and being polite. | I can recognise respectful behaviours e.g. helping or including others, being responsible I know the importance of self-respect and their right to be treated respectfully by others I can say what it means to treat others, and be treated, politely I know the ways in which people show respect and courtesy in different cultures and in wider society | | | |
| Belonging to a community | To know the value of rules and laws; rights, freedoms and responsibilities | I can give the reasons for rules and laws in wider society I know the importance of abiding by the law and what might happen if rules and laws are broken I can talk about what human rights are and how they protect people I know I have rights and also responsibilities I know that with every right there is also a responsibility e.g. the right to an education and the responsibility to learn | | | |
| Media literacy and digital resilience | To know how the internet is used; To be able to assess information online | I can describe how the internet can be used positively for leisure, for school and for work I can recognise that images and information online can be altered or adapted and the reasons for why this happens I can evaluate whether a game is suitable to play or a website is appropriate for my age-group I can make safe, reliable choices from search results I know how to report something seen or experienced online that concerns me e.g. images or content that worry them, unkind or inappropriate communication | | | |
| Money and work | To know about different jobs and skills; To identify job stereotypes; To set personal goals | I can talk about jobs that people may have from different sectors e.g. teachers, business people, charity work I know that people can have more than one job at once or over their lifetime I can describe common myths and gender stereotypes related to work I know about some of the skills needed to do a job, such as teamwork and decision-making I can recognise my interests, skills and achievements and how these might link to future jobs I know how to set goals that I would like to achieve this year e.g. learn a new hobby | | | |



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|--|---|--|--|----------------------|------------------------------------|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Physical health and mental wellbeing | To know that people make choices about their health To know what a habit is To know what affects feelings and how to express feelings | I can talk about the choices that people make in daily life that could affect their health I can identify healthy and unhealthy choices (e.g. in relation to food, exercise, sleep) I can recognise habits and know that sometimes they can be maintained, changed or stopped when and how to ask for help, and how to help others, with their feelings I can identify the positive and negative effects of habits, such as regular exercise or eating too much sugar, on a healthy lifestyle I can explain what is meant by a healthy, balanced diet including what foods should be eaten regularly or just occasionally I know that regular exercise such as walking or cycling has positive benefits for my mental and physical health I can talk about the things that affect feelings both positively and negatively I can give strategies to identify and talk about my feelings I can recognise how feelings can change overtime and become more or less powerful | | | |
| Growing and changing | To identify personal strengths and achievements; About managing and reframing set-backs | I know that everyone is an individual and has unique and valuable contributions to make I can recognise how strengths and interests form part of a person's identity I can identify my own personal strengths and interests and what they're proud of (in school, out of school) I know basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what I can learn from a setback, remembering what I am good at, trying again | | | |
| Keeping safe | Risks and hazards; to describe safety in the local environment and unfamiliar places | I can identify typical hazards at home and in school I know how to predict, assess and manage risk in everyday situations e.g. crossing the road, running in the playground, in the kitchen I know about fire safety at home including the need for smoke alarms I know the importance of following safety rules from parents and other adults I can explain how to help keep myself safe in the local environment or unfamiliar places, including road, rail, water and firework safety | | | |



| Strand | Curriculum Objectives | | Skills | | |
|---|--|---|--|---|------------------------------------|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Relationships Families and friendships | Know the importance of positive friendships, including online | I can identify the features of positive healthy friendships such as mutual respect, trust and sharing interests I can give strategies to build positive friendships I know how to seek support with relationships if I feel lonely or excluded I can communicate respectfully with friends when using digital devices I know what to do or whom to tell if I am worried about any contact online | Recorded evidence on Seesaw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers | Thought shower - Pre assessment in black Post assessment in green | |
| Safe relationships | Be able to respond to hurtful behaviour; manage confidentiality; recognise risks online | I can differentiate between playful teasing, hurtful behaviour and bullying, including online I know how to respond if I witness or experience hurtful behaviour or bullying, including online I can recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make me feel uncomfortable I know when it is right to keep or break a confidence or share a secret I can recognise risks online such as harmful content or contact I know people may behave differently online including pretending to be someone they are not I can report concerns and seek help if I am worried or uncomfortable about someone's behaviour, including online | Book looks | | |
| Respecting ourselves and others | To know the importance of respecting differences and similarities; Be able to discuss difference sensitively | I can recognise differences between people such as gender, race, faith I can recognise what I have in common with others e.g. shared values, likes and dislikes, aspirations I know the importance of respecting the differences and similarities between people I can use appropriate vocabulary to sensitively discuss difference and include everyone | | | |
| Belonging to a community | I know what makes a community; To identify shared responsibilities | I know the meaning and benefits of living in a community I can recognise that I belong to different communities as well as the school community I can talk about the different groups that make up and contribute to a community I can describe how to show compassion towards others in need and the shared responsibilities of caring for them | | | |
| Media literacy and digital re- silience | To know how data is shared and used | I know that everything shared online has a digital footprint I know that organisations can use personal information to encourage people to buy things I can recognise what online adverts look like I can compare content shared for factual purposes and for advertising I can explain why people might choose to buy or not buy something online e.g. from seeing an advert | | | |
| Money and work | Know how and why people make decisions about money; To learn about using and keeping money safe | I can explain how people make different spending decisions based on their budget, values and needs I know how to keep track of money and why it is important to know how much is being spent I can talk about different ways to pay for things such as cash, cards, e-payment and the reasons for using them | | | |



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|--|---|---|--|----------------------|------------------------------------|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Physical health and mental wellbeing | To learn how to maintain a balanced lifestyle including oral hygiene and dental care | I can identify a wide range of factors that maintain a balanced, healthy lifestyle, physically and mentally I can explain what good physical health means and I know how to recognise early signs of physical illness I know that common illnesses can be quickly and easily treated with the right care e.g. visiting the doctor when necessary I can explain how to maintain oral hygiene and dental health, including how to brush and floss correctly I know the importance of regular visits to the dentist and the effects of different foods, and drinks and substances on dental health | | | |
| Growing and changing | To explain personal identity; recognising individuality and different qualities; mental wellbeing | I can explain personal identity means and what contributes to it, including race, sex, gender, family, faith, culture, hobbies, likes/dislikes I know that for some people their gender identity does not correspond with their biological sex I can recognise, respect and express my individuality and personal qualities I can give ways to boost my mood and improve emotional wellbeing I know about the link between participating in interests, hobbies and community groups and mental wellbeing | | | |
| Keeping safe | To know about medicines and household products; To know drugs common to everyday life | I know the importance of taking medicines correctly and using household products safely I can recognise what is meant by a 'drug' I know that drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) can affect health and wellbeing I can identify some of the effects related to different drugs and that all drugs, including medicines, may have side effects I know that for some people using drugs can become a habit which is difficult to break I know how to ask for help or advice | | | |



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| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Relationships Families and friendships | To be able to manage friendships and peer influence | I can talk about what makes a healthy friendship and how to make people feel included I can talk about peer influence and how it can make people feel or behave I know the impact of the need for peer approval in different situations, including online I know that it is common for friendships to experience challenges I can give strategies to positively resolve disputes and reconcile differences in friendships I know that friendships can change over time and the benefits of having new and different types of friends I know how to recognise if a friendship is making me feel unsafe, worried, or uncomfortable I can say when and how to seek support in relation to friendships | Recorded evidence on Seesaw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers Book Looks | Thought shower - Pre assessment in black Post assessment in green | |
| Safe relationships | Physical contact and feeling safe | I can identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations I know how to ask for, give and not give permission for physical contact I am aware of how it feels in a person's mind and body when they are uncomfortable I understand that it is never someone's fault if they have experienced unacceptable contact I know how to respond to unwanted or unacceptable physical contact I understand that no one should ask me to keep a secret that makes me feel uncomfortable or try to persuade me to keep a secret I am worried about I can say whom to tell if I am concerned about unwanted physical contact | | | |
| Respecting ourselves and others | To be able to responding respectfully to a wide range of people; To recognise prejudice and discrimination | I can recognise that everyone should be treated equally I understand why it is important to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to my own I can describe what discrimination means and different types of discrimination e.g. racism, sexism, Homophobia I can identify online bullying and discrimination of groups or individuals e.g. trolling and harassment I can explain the impact of discrimination on individuals, groups and wider society I can discuss ways to safely challenge discrimination I know how to report discrimination online | | | |
| Belonging to a community | To know the importance of protecting the environment; To know how to show compassion towards others | I know how resources are allocated and the effect this has on individuals, communities and the environment I know the importance of protecting the environment and how everyday actions can either support or damage it I can explain how to show compassion for the environment, animals and other living things I know about the way that money is spent and how it affects the environment I can express my own opinions about my responsibility towards the environment | | | |
| Media literacy and digital re- silience | To know how information online is targeted; different media types, their role and impact | I can identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise I know basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased I know that some media and online content promote stereotypes I can assess which search results are more reliable than others I can recognise unsafe or suspicious content online I know how devices store and share information | | | |



| Money and work | To identify job interests and aspirations; To know what influences career choices; To know about workplace stereotypes | • | I can identify jobs that I might like to do in the future I know about the role ambition can play in achieving a future career I can say how or why someone might choose a certain career I can talk about what might influence people's decisions about a job or career, including pay, working conditions, personal interests, strengths and qualities, family, values I know the importance of diversity and inclusion to promote people's career opportunities I can talk about stereotyping in the workplace, its impact and how to challenge it I know that there is a variety of routes into work e.g. college, apprenticeships, university, training | | |
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| Strand | Curriculum Objectives | Skills | 3 | | |
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| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Physical health and mental wellbeing | To know healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies | I can explain how sleep contributes to a healthy lifestyle I can identify healthy sleep strategies and how to maintain them I know about the benefits of being outdoors and in the sun for physical and mental health I can explain how medicines can contribute to health and how allergies can be managed I know that some diseases can be prevented by vaccinations and immunisations I know that bacteria and viruses can affect health I can describe how I can prevent the spread of bacteria and viruses with everyday hygiene routines | Recorded evidence on See-saw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers Book Looks | Thought shower - Pre assessment in black Post assessment in green | |
| Growing and changing | To know the physical and emotional changes in puberty; identify external genitalia; To know importance of personal hygiene routines and how to get support with puberty | I can identify external genitalia and reproductive organs I can describe the physical and emotional changes during puberty I can give key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams I can give strategies to manage the changes during puberty including menstruation I know the importance of personal hygiene routines during puberty including washing regularly and using deodorant I know how to discuss the challenges of puberty with a trusted adult I know how to get information, help and advice about puberty | r- | | |
| Keeping safe | To know about keeping safe in different situations, including responding in emergencies, first aid and FGM | I can identify when situations are becoming risky, unsafe or an emergency I can identify occasions where they can help take responsibility for their own safety I can differentiate between positive risk taking (e.g. trying a challenging new sport) and dangerous behaviour I know how to deal with common injuries using basic first aid techniques I can respond in an emergency, including when and how to contact different emergency services I know that female genital mutilation (FGM) is against British law¹ and what to do and whom to tell if they think they or someone they know might be at risk of FGM | | | |



| Strand | Curriculum Objectives | es Skills | | | |
|---|---|--|---|---|------------------------------------|
| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels |
| Relationships Families and friendships | Be able to explain attraction to others; romantic relationships; civil partnership and marriage | I can explain what it means to be attracted to someone and different kinds of loving relationships I know that people who love each other can be of any gender, ethnicity or faith I can describe the difference between gender identity and sexual orientation and everyone's right to be loved I can identify ways in which couples show their love and commitment to one another, including those who are not married or who live apart I can say what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults I know that people have the right to choose whom they marry or whether to get married and that to force anyone into marriage is illegal I can say how and where to report forced marriage to or ask for help if I am worried | Recorded evidence on Seesaw Teacher Observation Peer observation Peer conversation Evidence of tasks in floor books Highlighted Vocabulary on knowledge organisers Book Looks | Thought shower - Pre assessment in black Post assessment in green | |
| Safe relationships | To recognise and manage pressure; To explain consent in different situations | I can compare the features of a healthy and unhealthy friendship I understand about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong I can give strategies to respond to pressure from friends including online I know how to assess the risk of different online 'challenges' and 'dares' I can recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable I know how to get advice and report concerns about personal safety, including online I can explain what consent means and how to seek and give/not give permission in different situations | | | |
| Respecting ourselves and others | Be able to express opinions and respect other points of view, including discussing topical issues | I can discuss the link between values and behaviour and how to be a positive role model I can discuss issues respectfully I can listen to and respect other points of view I can constructively challenge points of view I disagree with I know ways to participate effectively in discussions online and manage conflict or disagreements | | | |
| Belonging to a community | To value diversity; challenge discrimination and stereotypes | I can define prejudice I can differentiate between prejudice and discrimination I can recognise acts of discrimination I know strategies to safely respond to and challenge discrimination I can recognise stereotypes in different contexts and the influence they have on attitudes and understanding of different groups I can explain how stereotypes are perpetuated and how to challenge this | | | |
| Media literacy and digital re- silience | To evaluate media sources; To explain sharing things online | I can list the benefits of safe internet use e.g. learning, connecting and communicating I can say how and why images online might be manipulated, altered, or faked I can to recognise when images might have been altered I can explain why people choose to communicate through social media and some of the risks and challenges of doing so I know that social media sites have age restrictions and regulations for use I can give reasons why some media and online content is not appropriate for children I can talk about sharing things online, including rules and laws relating to this I know how to recognise what is appropriate to share online I can explain how to report inappropriate online content or contact | | | |



| Money and | To know Influences and attitudes to money; Be able to explain money and financial risks | I can describe the role that money plays in people's lives, attitudes towards it and what influences decisions about money I can explain value for money and how to judge if something is value for money I can recognise how companies encourage customers to buy things. I know how having or not having money can impact on a person's emotions, |
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| | | health and wellbeing |
| | | I can explain about common risks associated with money, including debt, fraud and gambling |
| | | I can describe how money can be gained or lost e.g. stolen, through scams or gambling and how these put people at financial risk |
| | | I can say how to get help if I am concerned about gambling or other financial risks |



| Strand | Curriculum Objectives | Skills | | | | |
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| | | Expected | Evidence to support formative assessment | Summative Assessment | Pupils not meeting expected levels | |
| Physical health and mental wellbeing | Know what affects mental health and ways to take care of it; How to manage change, loss and bereavement; Know how to manage time online | I know that mental health is just as important as physical health and that both need looking after I can recognise that anyone can be affected by mental ill-health and that difficulties can be resolved with help and support I can describe how negative experiences such as being bullied or feeling lonely can affect mental wellbeing I can suggest positive strategies for managing feelings I know that there are situations when someone may experience mixed or conflicting feelings I can recognise that if someone experiences feelings that are not so good (most or all of the time) – help and support is available I can identify where I should ask for help and support with mental wellbeing in and outside school I know the importance of asking for support from a trusted adult I can talk about the changes that may occur in life including death, and how these can cause conflicting feelings I know that changes can mean people experience feelings of loss or grief I can talk about the process of grieving and how grief can be expressed I can identify how to ask for help and support with loss, grief or other aspects of change I can discuss how balancing time online with other activities helps to maintain my health and wellbeing I can suggest strategies to manage time spent online and foster positive habits e.g. switching phone off at night I know what to do and whom to tell if they are frightened or worried about something they have seen online | | | | |
| | To know the process of human reproduction and birth: Be aware of their increasing independence ad know how to manage transitions | I can talk about the transition to secondary school and how this may affect my feelings | | | | |



| To know the importance of keeping personal information safe; to be aware of regulations and choices; To know about drug use and the law; drug use and the me dia | I can identify potential risks of personal information being misused I can suggest strategies for dealing with requests for personal information or images of themselves I can identify types of images that are appropriate to share with others and those which might | | | |
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