Save a Baby's Life John Willie Sams Centre

Come along and learn basic First Aid skills including how to deal with choking, burns, serious bleeds and how to give CPR.



1 February 20 7 March 20 11 April 20 23 May 2020



10:00 - 11:30am

If you would like to book your place on one of the above dates please contact reception:-

Shiremoor Children's Centre 0191 6432110 John Willie Sams Centre 0191 6432030

For more information about Activities and Groups in your area, why not look on our 'Sign Directory' https://services.northtyneside.gov.uk/sign/ or simply type into Google 'Sign Directory North Tyneside'.

Rooms available to hire, free of charge





What's On? Jan – March 2020



North West Locality Team
Based at Shiremoor Children's Centre
Check out the back page for
'Save a Baby's Life' dates and venue!

Booking required only where stated
Contact Shiremoor on 0191 643 2110 for further Information

You can now register your baby's birth at your local Children's Centre

(By appointment only - Mon to Fri)

Shiremoor Children's Centre 0191 643 2110





Shiremoor Children's Centre 0191 643 2110 For more information on Stay and Play contact Gillian Wilson on 07971591738				
Monday	Tuesday	Wednesday	Thursday	Friday
0-2 Stay and play	0-5 Stay and Play	Well Baby Clinic	Job Club	North East Autism
(Drop – in) 10.00am – 12.00pm	(Drop-in) 09.45am – 11.15am	Health related advice for 0-5's	(Drop-in) Advice and support in	Society Toddler Group for 0-5's
Shiremoor Children's	White Swan Centre,	09.30am – 11.30am	job searching, CV	10am – 11.30am
Centre	Killingworth	Lakeside Centre,	writing and training	Contact Rebecca Welch
331113	0191 6432040	Killingworth	opportunities.	07468861933
*		0191 6434177	10.00am – 12.00pm	Rebecca.welch@ne-
()			Shiremoor Children's	as.org.uk
	4		Centre	Shiremoor Children's
FL)		Eury)		Centre
Eu/ - Lun			Baby Group for	
			Breastfed Babies	
Well Behy Clinic			Support for pregnant	The same of the sa
Well Baby Clinic Health related advice			and breastfeeding	
for 0-5's	Childminder Drop-in	0.5.0(222.22.1.0)	women (Drop-in)	***********
(Drop-in)	10.00am – 11.30am	0-5 Stay and Play	10.00am – 11.30am	
10.00am – 12.00pm	Shiremoor Children's	(Drop-in) 1.00pm – 2.30pm	Shiremoor Children's Centre	
Shiremoor Children's	Centre	Shiremoor Children's	Centre	For further
Centre		Centre		updates and all of
		30.13		the latest
	Well Baby Clinic			information on
	Health related advice			what's happening
	for 0-5's			in your area go to the Councils
	(Drop-in)		Well Baby Clinic	website at
	1.30pm – 3.00pm		Health related advice for	https://my.northty
	Oxford Centre,		0-5's	neside.gov.uk/
	Longbenton 0191 6432750		(Drop-in)	and search for
	0131 0432730		1.30pm – 3.00pm John Willie Sam's	Children's Centre
			Centre, Dudley	Services
			0191 6432030	
			0.0.0402000	