## Lesson 2 Hinduism

What do Hindus teach their children about God?

In many Hindu families children are taught about one supreme God who is in everything. They are shown a glass of water and told the following story.

'Svetaketu always came proudly home from school each day. One day his father asked him about God but Svetaketu didn't know anything. His father sent for a glass of water and asked Svetaketu to put some salt in it. The next day he asked where the salt was. Svetaketu could not see the salt but he could taste it in the water in the glass. 'That's a bit like God in the world', said his father. 'God is invisible, but is there in everything.'



Many Hindus use an **aum symbol** when they worship. This is a special sign for God, often seen in homes and in Hindu temples (mandirs). The aum is either said or chanted because it helps the worshipper to concentrate on his prayers and think quietly about God.



Write about a quiet or special place where you like to be alone to think.