

WALKING WITH

IN NORTH TYNESIDE

June 2021 Update Newsletter



BACK IN THE CENTRE

We are finally all back in the centre and loving welcoming back all of our community! We have had a bit of a refurbishment and are very happy with the results.

Currently operating an appointment system, we are open 10am-1pm, Monday - Friday for food, clothes and 1-1 support.

ENGLISH SESSIONS

English sessions are now back in the centre also!

Everyday English - Tuesday/ Wednesday 10.30am-12noon and Conversation Cafe 11am - 12noon on Thursday. Classes are also still running on Zoom.



COFFEE

We have our very own coffee - a great way to start the day! 50p from each bag is donated to Walking With. Huge thanks to Relish Coffee for their fabulous support.

FIT AND WELL



Our Fit and Well programme is now up and running, led by Rebecca.

We are running sessions of art, sewing and woodwork along with fitness and yoga. Service users are also being supported to attend gym sessions. A regular 'walk and talk' group is taking place, helping people to get fit whilst also improving English skills and making new friends.

VOLUNTEERING

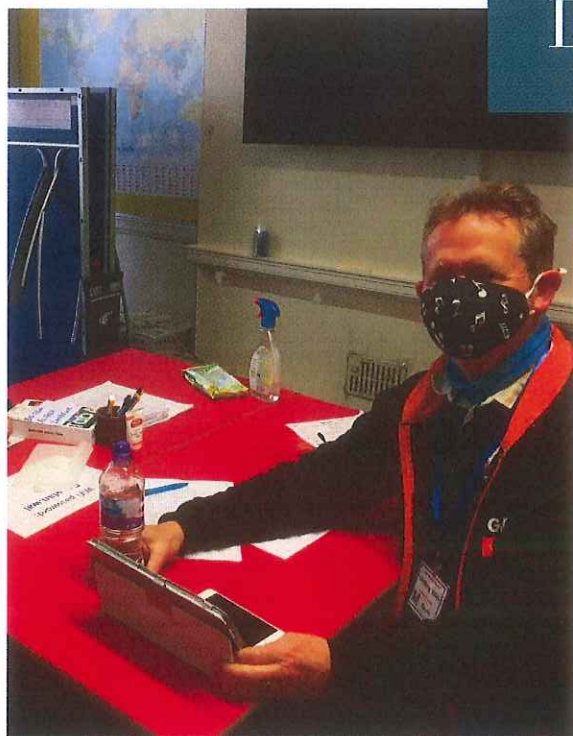
Our fantastic volunteers have led the way in supporting service users throughout the pandemic and by ensuring the centre was ready for their return. If you would like to join the team please contact clare@walkingwith.co.uk



SCHOOLS

As part of Refugee Week we had a great time visiting Longbenton High School to talk with the students about both the challenges faced by people seeking asylum and also the huge positives to the UK of welcoming people who are seeking asylum. A fantastic day - and a massive thank you for all of the donations!

DIGITAL INCLUSION



In partnership with Action Foundation we have been very lucky to be part of the Digital Inclusion programme and have been able to deliver over 60 tablets to our service users to help them to access the internet and to stay in contact with family and friends. Our volunteers were trained to deliver 1-1 induction sessions in internet usage and to support service users with their new devices. Lots of smiling faces behind their masks!

SKILLSMATCH

We were very excited recently to host a 'Skillsmatch' session, led by the wonderful team from WERS. Our service users were able to create accounts to help them access a wide range of volunteering opportunities.



FUNDING

We have been very lucky to receive recent funding from:

- CCG - for our Fit and Well programme - £21,000
- Awards for All (Lottery) to support our new Administrative post - £7,500
- The Duchess Fund - for education of women 16-25 years old - £2,000
- Sara Alexandra Bernstone (£3,000) and Daphnie and Martin Cookson (£3,000) - to support a server to update IT facilities
- North Tyneside Covid Support - for food - £5,000
- We have also joined AmazonSmile - search for Walking With in North Tyneside to help raise funds!



TIN ON A WALL

Walking With are very proud to have been chosen as a beneficiary of the amazing 'Tin on a Wall' campaign. With the majority of the food we are able to share with our community coming from donations, this campaign makes a huge difference to us. Thank you to all involved!

REFUGEE WEEK

We have proudly celebrated Refugee Week this week in all of our activities - but especially during our 'Walk and Talk' session in Wallsend where we were accompanied by our own 'Little Amal'. Fantastic work Pam!



WANTED



**VOLUNTEER VAN DRIVER -
WITH VAN!**

WANTED!

VOLUNTEERING OPPORTUNITIES:

- *Van driver - to help collect and deliver furniture as required*
- *Treasurer - to serve on the trustee board. Accountancy qualifications and experience required*
- *DIY support volunteer - to complete odd jobs in the building*