

Week 6	Health and other clinics
<p><u>Wednesday 28th August</u> Family Fun 1:00pm – 4:00pm Rotten Roman's & Crazy Celts – games & sport. (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Howdon Park, Howdon Lane, NE28 0BE</p> 	<p><u>Well Baby Clinics are running as follows each week:</u> Health related advice for 0-5's (Drop-in)</p> <p>Every Tuesday 9:30am – 11:00am Wallsend Customer First Centre 0191 6432075</p> <p>Every Wednesday 1:00pm – 3:00pm Howdon Children's Centre</p> <p><u>Breastfeeding Groups are running:</u> Support for pregnant and breastfeeding women (Drop-in) Every Wednesday 1:30pm – 3:00pm Wallsend Customer First Centre 0191 6432075</p>
<p><u>Wednesday 28th August</u> 0-2 Stay and Play (Drop-in) 1:00pm – 3:00pm Howdon Children's Centre</p>	
<p><u>Friday 30th August</u> 0-5 Stay and Play (Drop-in) 10:00am – 11:30am Howdon Children's Centre</p>	

Summer Activities Programme

July-Sept 2019

All activities are free!

South West Locality Team
 Based at Howdon Children's Centre, 11a
 Howdon Lane, Howdon, Wallsend, NE28 0AL






Booking only required where stated!
Contact Howdon on 0191 643 2229 for further information.

You can now register your baby's birth at your local Children's Centre
(By appointment only Mon-Fri)
Howdon Children's Centre
0191 643 2229
Or
Wallsend Customer First Centre
(By appointment – Wednesday mornings only)
0191 6432229



North Tyneside Council

See the back page for Week 6, plus Health and Community clinics!
For information on 0-5 and 0-2 Stay and Play contact Laura Dawson on 07971 591737

Week 1	Week 2	Week 3	Week 4	Week 5
<p><u>Wednesday 24th July</u> Family Fun 1:00pm – 4:00pm Games, sports, team challenges, build a cardboard city. (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Howdon Park, Howdon Lane, NE28 0BE</p>  <p><u>Wednesday 24th July</u> 0-2 Stay and Play (Drop-in) 1:00pm – 3:00pm Howdon Children's Centre</p> <p><u>Friday 26th July</u> 0-5 Stay and Play (Drop-in) 10:00am – 11:30am Howdon Children's Centre</p>	<p><u>Wednesday 31st July</u> Family Fun 1:00pm – 4:00pm Pirates! Water play, treasure hunt & cricket. (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Howdon Park, Howdon Lane, NE28 0BE</p>  <p><u>Wednesday 31st July</u> 0-2 Stay and Play (Drop-in) 1:00pm – 3:00pm Howdon Children's Centre</p> <p><u>Friday 2nd August</u> 0-5 Stay and Play (Drop-in) 10:00am – 11:30am Howdon Children's Centre</p>	<p><u>Tuesday 6th August</u> Family Fun 1:00pm – 4:00pm Games, den building, salt jars, tile art. (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Battle Hill Multi-Use Centre, North Bray Close, NE28 9RJ</p>  <p><u>Wednesday 7th August</u> Family Fun 1:00pm – 4:00pm Games, sports, giant clay sculpture, pottery, woodwork. (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Howdon Park, Howdon Lane, NE28 0BE</p>  <p><u>Wednesday 7th August</u> 0-2 Stay and Play (Drop-in) 1:00pm – 3:00pm Howdon Children's Centre</p> <p><u>Friday 9th August</u> 0-5 Stay and Play (Drop-in) 10:00am – 11:30am Howdon Children's Centre</p>	<p><u>Wednesday 14th August</u> 0-2 Stay and Play (Drop-in) 1:00pm – 3:00pm Howdon Children's Centre</p> <p><u>Friday 16th August</u> 0-5 Stay and Play (Drop-in) 10:00am – 11:30am Howdon Children's Centre</p>	<p><u>Tuesday 20th August</u> Family Fun 1:00pm – 4:00pm Stories & adventures with Chris Bostock, t-shirt printing, games (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Battle Hill Multi-Use Centre, North Bray Close, NE28 9RJ</p> <p><u>Wednesday 21st August</u> 0-2 Stay and Play (Drop-in) 1:00pm – 3:00pm Howdon Children's Centre</p> <p><u>Wednesday 21st August</u> Family Fun 1:00pm – 4:00pm World fun, games, stilts, music, dance & bike maintenance. (Aimed at primary school age, but all welcome – under 8's to be accompanied by an adult) Howdon Park, Howdon Lane, NE28 0BE</p>  <p><u>Friday 23rd August</u> 0-5 Stay and Play (Drop-in) 10:00am – 11:30am Howdon Children's Centre</p>