



# What's On?

## Jan-Mar 2020



**Coast Locality Team**

**Whitley Bay Customer First Centre, York Road, Whitley Bay NE26 1AB**  
**Tel: 0191 643 8804**

### **Tuesday**

#### **Well Baby Clinic**

**Health related advice for 0-5's  
(Drop In)**

**09:15am – 11:15am**

#### **Breastfeeding Support Group**

**11:30am – 12:30pm**

**Whitley Bay Customer First Centre**

### **Wednesday**

#### **Well Baby Clinic**

**Health related advice for 0-5's  
(Drop In)**

**09:30am – 11:30am**

**North Shields Customer First  
Centre**

**0191 6435270**



### **Saturday**

#### **Save a Baby's Life**

**25 January 2020**

**29 February 20**

**4 April 20**

**16 May 20**

**10:00am – 11:30am**

**Learn basic first aid skills. Booking  
Required!**

**Whitley Bay Customer First Centre**

### **Friday**

#### **0-5 Stay and Play**

**(Drop In)**

**10:30am - 12:00pm**

**Whitley Bay Customer First Centre**

**Or Contact Gillian Wilson**

**07971591738**

#### **Well Baby Clinic**

**Health related advice for 0-5's  
(Drop-in)**

**1:00pm – 2:15pm**

**Fox Hunters Pavillion**

**0191 6438808**

**You can now register your  
baby's birth at your local  
Children's Centre (by  
appointment only)**

**Whitley Bay Customer First  
Centre: Friday afternoon only**



**All activities are  
free!**



 **North Tyneside  
Children's Centres**

**For further Information contact Reception on the above number.  
Booking only required where stated!**



**North Tyneside Council**