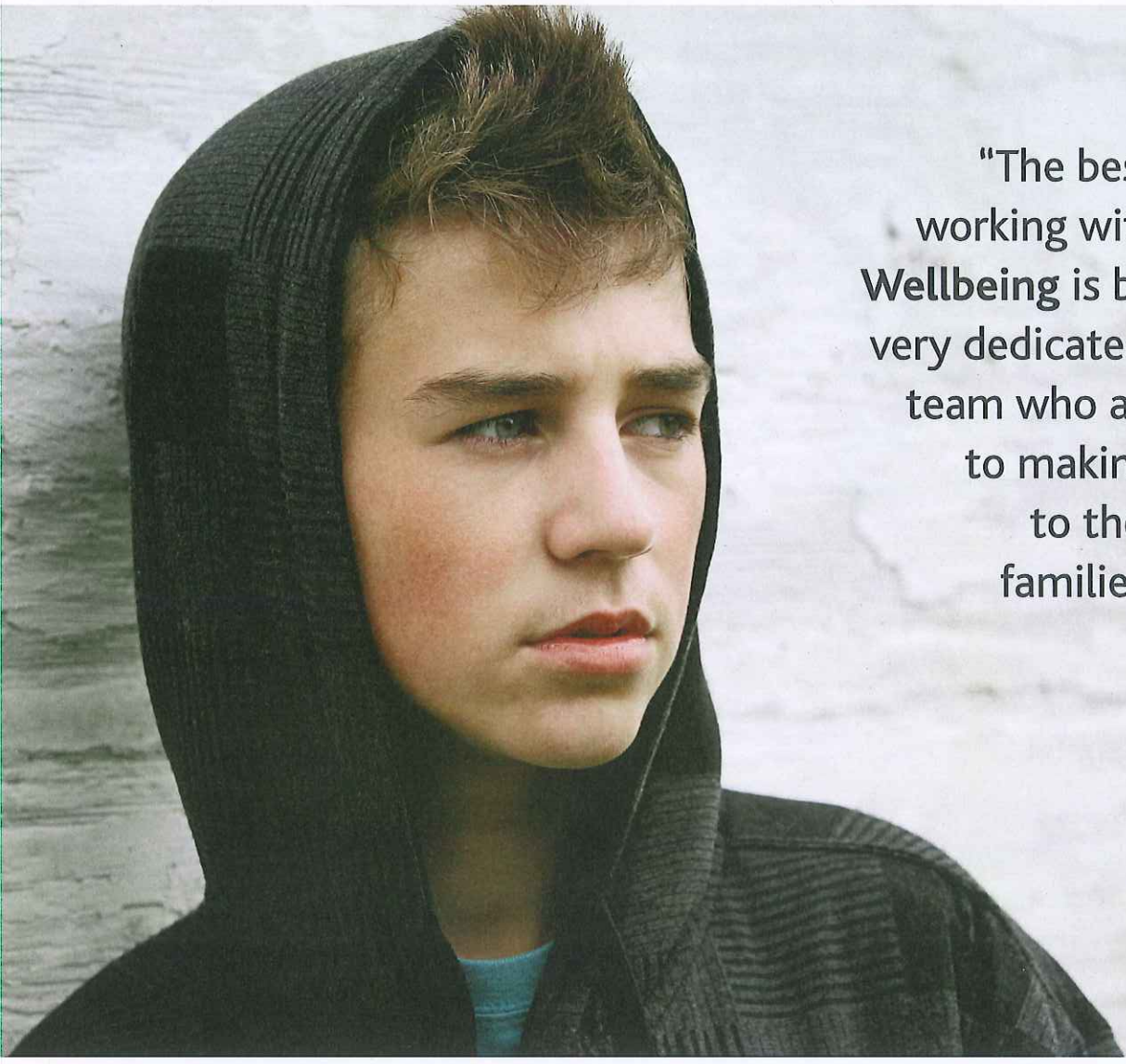


# NORTH EAST WELLBEING SCHOOL SUPPORT SERVICES

We are a children's charity dedicated to positive mental health and attitudes to learning in schools. You can commission any of the services overleaf in any combination over any length of time. We don't make a profit and we aim to do the best for children, teachers and our workers by being flexible, innovative and good value. Please give us a call...



"The best thing about working with North East Wellbeing is being part of a very dedicated and positive team who are committed to making a difference to the children and families in our area."

Dr Toby Quibell

Call us on **07799 060323**

email [director@northeastwellbeing.co.uk](mailto:director@northeastwellbeing.co.uk)

[www.northeastwellbeing.co.uk](http://www.northeastwellbeing.co.uk)

North East  
**Wellbeing**  
Emotionally Healthy Communities





## North East Wellbeing can be easily commissioned, here is a list of our services...



### Trauma Work

With counselling well-established in many schools, we offer specialist short-term support for children who have experienced trauma. We bring practitioners with certified skills in Eye Movement Therapies (EMDR) and Cognitive Behavioural Therapies (CBT). We will work in tandem with existing counselling programmes to benefit hard-to-reach children.



### Family Solutions

Everybody knows that children can struggle with school because of what goes on at home. A little skilful support at the right time can dramatically increase the quality of life for mum, dad, child and teacher. We can focus on navigation of housing/benefits systems, or behavioural support in the home, or issues outside school that impact on in-school behaviours.



### Speech & Language Attainment

Underpinning school performance is facility with the English language. We particularly focus on the link between pragmatic vocabulary and behaviour. This is an issue for all English as a Second Language (ESL) groups but also under-performing/poorly socialised groups across classes in school. We deliver measurable outcomes.



### Right Attachment

We have specialist skills in nurture work with individuals and groups. The network of attachments that give children a secure base can be restored through careful and sensitive work. Needy and challenging behaviours, particularly in the early years, are a drain on staff, but can be resolved.



### Looked-After & Adoption Needs

We have worked extensively with Looked-After Children and all those involved in the challenge of post-adoption and fostering. We have insights into the needs of children, schools and foster parents in these situations and offer a range of strategies to set boundaries for behaviour and manage emotional needs. Often hidden in the system, the right support can make the difference to a successful placement.



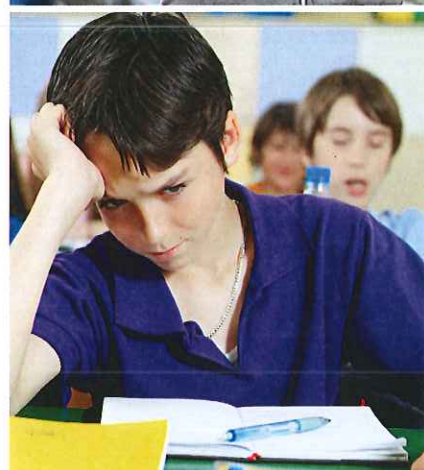
### Mental Health Puppetry

Working with creative partners and puppeteers, we have developed a puppetry workshop which helps to identify children with mental health needs. With rising awareness of poor mental health on school outcomes we all need to direct scarce resources effectively.



### Autism Solutions

Children with autism, whether mild or severe can struggle with many aspects of the school day. And including them in the richness of the school offer can be a challenge. We bring insight and practical solutions for classteachers and parents who are worn down by oppositional and distressed behaviours.



North East Wellbeing is a registered charity (No. 8330138) working in the schools of North East England. We also run Wilderness Schooling [www.wilderness-schooling.org.uk](http://www.wilderness-schooling.org.uk).

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