

## PSHE Long term plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Mental Health and Wellbeing	Making Friends: playing and learning together	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
Year 2	Mental Health and Wellbeing	Keeping Safe online	Safety outside the home	Money and work (non statutory)	Me, my body and staying safe	Looking back and moving on
Year 3	Mental Health and Wellbeing	Me, my friends and belonging	Keeping safe out and about	Making choices online	Building healthy habits	Looking out for each other
Year 4	Mental Health and Wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and new literacy	Me, my body and growing up	Families and growing together
Year 5	Mental Health and Wellbeing	Friendships, stereotypes and bullying	Positively engaging with our world	Safe connections online	Respecting boundaries	Embedding healthy habits and learning first aid
Year 6	Mental Health and Wellbeing	Managing Money and online spending	Developing our AI Literacy	Looking to the future (Non Statutory)	Drug Education: assessing risk and managing influences	Changes in puberty (and