



Wallsend Jubilee Primary School Physical Education Curriculum Statement

At Wallsend Jubilee Primary school, we want every child to be happy and enthusiastic learners of physical education, and to be eager to achieve their very best in order to fulfil their talents. We firmly believe that the recipe for success is high quality first teaching in PE, which is central to the life of our happy, caring school where we want all of our children 'To be the best that they can be'.

PE is a vital part of our school life and ultimately children's future well-being. We provide an inclusive, broad and balanced PE curriculum that ensures all children benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports, clubs, teams and organisations. Our physical education curriculum inspires pupils to succeed and excel in competitive sport and other physically-demanding activities. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. It is vital that children understand the importance of leading a healthy lifestyle and are equipped with the tools to do so through health and well-being education.

Intent – What we are trying to achieve

- Our principle aim is that children leave Wallsend Jubilee Primary School with a wide range of happy and rich memories in PE formed through interesting and exciting experiences that enhance a child's awareness of their own abilities and strengths as a learner.
- Children will meet the National Curriculum expectations in PE, which will be taught by highly-qualified, enthusiastic staff who will support children to develop mastery of skills and inspire enthusiasm and interest in the subject.
- All children will take part in 2 hours of PE lessons per week. One indoor and one outdoor lesson (1 hour each).
- Children at Wallsend Jubilee Primary School will receive broad and rich experiences in Physical Education and they will take part in a vast range of different sports.
- We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.
- We intend to provide opportunities for pupils to become physically confident in a way which supports their health and fitness.
- We want all children to raise their heart rate in the PE lessons in order to improve their own fitness levels.
- We want children are given opportunities to compete in sport and other activities to build character and help to embed values such as fairness and respect.
- Children are to experience competitive sport both within school and externally.

Characteristics of pupils competent in Physical Education

- Having a passion and commitment to the subject and the drive to always better themselves and beat their personal best.
- Having an excellent understanding of the importance of physical activity in order to lead a healthy and active lifestyle.
- An excellent understanding of the impact of physical activity on the mind and body.
- To be able to evaluate own skills and techniques in a range of different sports and sporting activities.
- Competing in sport and competitive activities with embedded values such as fairness and respect.
- An excellent understanding of skills and techniques used in a range of different physical activities.
- The ability to explain the rules of games and sporting activities.

Implementation – How do we translate our vision into practice?

- The curriculum hours in PE are non-negotiable and will be followed by all staff in the school. Fixed timetables will be set before the academic year and monitored by the Senior Leadership Team of the school.
- Children meet the needs of the National Curriculum expectations by following the Val Sabin scheme of work. This is adapted to ensure it meets the needs of individual classes.
- The subject leader for PE will meet with the Senior Leadership Team/Governing Body annually to evaluate provision in order to ensure that teaching and learning in PE is outstanding. Where necessary, staff will receive coaching and training in PE.
- A sports coach works alongside teachers in PE lessons to upskill teachers in the delivery of their lessons.
- Wallsend Jubilee Primary School offers a vast range of extra-curricular sporting activities led by qualified coaches.
- In Key Stage 2 all children attend swimming lessons at the local leisure centre where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.
- Children are taught about the importance of physical education, keeping fit and leading an active and healthy lifestyle.
- Children are given opportunities to take part in competitive sport with other schools through competitions which are organised by the local authority.
- Children experience in school competitive sport individually against other pupils and competing as a team against their partner year group.
- By actively promoting aspirations for the future. Children develop an understanding of how subjects and specific skills are linked to future jobs.

Here are some jobs you could aspire to do in the future using your physical education skills:

- Physical Education teacher
- Sports coach/consultant
- Physiotherapist
- Professional sports person
- Diet and fitness instructor
- Personal trainer

Cultural Capital

- Children compete in sport and other activities to build character and help to embed values such as fairness and respect.
- Children set themselves targets and strive to beat their personal best.
- Children gain an understanding of the importance of physical activity in order to gain a healthy lifestyle.
- The importance of physical activity in order to maintain a healthy mind and body.
- The promotion of walking or cycling to school.
- Cycling Proficiency qualifications received for key stage 2 pupils

Impact – What is the impact of our curriculum on the students?

- Children are happy learners of physical education. They experience a wide range of learning challenges within the subject.
- Through PE pupils deepen their appreciation for the 6 Rs for learning.
- Children raise their heart rate in the PE lessons in order to improve their own fitness levels.
- Competitions and team games allow pupils to embed core values such as fairness and respect
- Children of all abilities and backgrounds take part in physical activity lessons twice per week.
- Children make progress in the subject and meet National Curriculum objectives.

- Pupils talk positively of their PE lessons and can discuss what they have been learning and what they need to do in order to be successful in their lesson.
- Children have an understanding of the importance of physical activity and how to lead a healthy lifestyle.
- Clear outcomes focus and guide all PE development plans and drive improvement.
- Children strive to be 'The best they can be' in their physical education lessons.