



Dear Parents/ Carers

Next half term we will be launching our 'healthy half term'. Each day all children will be taking part in the daily mile and will have a day off normal time table to take part in sports activities and explore ways in which we can keep our bodies healthy.

We would like to invite you to our '**healthy half term**' **launch day on Wednesday 6th June**. This will be a drop in session with various stalls to provide information of ways in which you can support your child at home with healthy eating and sports activities. Our drop in session will be open on **Wednesday 6th June from 2:15pm – 4:00pm**. Come and see us in the school hall before you collect your child from their normal school doors. Alternatively collect your children from school as normal and bring them along too.

We would like to invite some of our children to be involved in our launch day to take part in a free one off club. These include archery, cooking and a football club. We will be selecting some children to take part in these clubs during school time but if your child would like to take part on one of these clubs afterschool on Wednesday 6th June from 3:00pm-4:00pm please complete the reply slip on the following page. **Places are limited so they will be allocated on a first come, first served basis.**

After the half term holiday children will be taking part in the Daily Mile. The Daily Mile is a social activity, where the children run or jog for 15 minutes at their own pace in the fresh air with friends. Please see the Daily Mile website if you would like some more information—www.thedailymile.co.uk.

We would like to invite parents and carers to complete a **one session** of the daily mile with their children. Please find information below as to when you can complete the daily mile with your child's class. **Please wear appropriate footwear to complete the daily mile** and report to the **school field** on your child's allocated time slot.

Reception	Friday 8 th June 2:45pm
Year 1	Tuesday 4 th June 2:50pm
Year 2	Thursday 7 th June 2:50pm



Year 3	Monday 11 th June 2:50pm
Year 4	Tuesday 12 th June 2:50pm
Year 5	Wednesday 13 th June 2:50pm
Year 6	Thursday 14 th June 2:50pm

During next half term each class will be allocated a 'healthy day' where they will be exploring ways to keep their body healthy including preparing and tasting a healthy snack, completing sports activities with a qualified coach and a mindfulness activity.

We look forward to seeing you at our drop in session on **Wednesday 6th June** anytime from **2:15pm to 4:00pm** (children to be collected from their normal doors on this day). We hope that as many of you as possible will complete the daily mile with your child's class.

Thank you for your support,

Miss Hinchliffe, Mrs Anderson and Mrs Tait

(PE and PSHE curriculum leaders)

Child's name: _____ Class: _____

My child would like to take part in the 'healthy' half term launch day and will be collected from the school office at 4:00pm on Wednesday 6th June.

Please select a 1st, 2nd and 3rd choice. Places are limited and will be offered on a first come, first served basis.

Archery club _____

Cookery club _____

Football club _____

Signed: _____ Contact No: _____