

Wallsend Jubilee Primary School



Dear Parents

Wallsend Jubilee Primary School is a Healthy School and in order to maintain this status it is important to encourage children to eat a healthy diet.

As part of our ongoing efforts to improve the health and well being of pupils, we are trying to increase the portions of fruit and vegetables that children consume on a daily basis. The national fruit scheme provides KS1 children with fruit each day and the children really enjoy eating a wide range of fruits and vegetables at playtime. We feel that it would be beneficial if KS2 children also had a healthy snack at play time and we would like to remind KS2 children that they can bring in a portion of fruit or vegetables to have as a snack at playtime. This may be dried fruit as well as fresh fruit, though we encourage parents to select items with no added sugar.

Sugar/chocolate coated fruit or fruit bars are not permitted.

In addition to this, the children have been enjoying purchasing snacks from our new tuck shop. We would like to thank you for your ongoing support with this venture. Feedback from children so far on the range of snacks available has been very positive.

We are also trying to encourage children to have 2 portions of fruit or vegetables as part of their meal at lunchtime. Children who are spotted eating fruit or vegetables either as part of a school meal or a packed lunch will be given stickers by lunchtime staff or members of the school council. Just a friendly reminder that fizzy drinks, chocolate bars and sweets should not be included in packed lunch boxes and water bottles in the classroom should contain only water and not juice.

Thank you for your support .

Mrs S Anderson

Healthy School Coordinator



Mullen Road • Wallsend • Tyne & Wear • NE28 9HA
Tel: (0191) 200 7249 • Fax: (0191) 200 7395
E-mail: wallsendjubilee.primary@northtyneside.gov.uk

